South Plains College Counseling Referrals

- **Addison Gradel, EDD**
  2 Briercroft Office Park, Suite 5
  Lubbock, Texas 79412
  Phone: (806) 741-0713; Contact: Kayleen Brown
  Notes: Provides psychiatric services, counseling, adolescent self-esteem and behavior issues, and women’s issues.

- **Beverly Rayburn, M Ed LPC**
  8302 Indiana Ave, Ste 7
  Lubbock, Texas
  Phone: (806) 783-0707; Contact: Beverly Rayburn
  Notes: Provides counseling: individual, marriage and family.

- **Dr. Brenda Wilbanks and Associates**
  Briercroft Office Park, Suite 22
  Lubbock, Texas
  Phone: (806) 767-9007; Contact: Kaylene Brown
  Notes: Provides psychological services, counseling and psychiatry, abuse issues, adolescents, anger management, and children’s behavioral disorders.

- **Catholic Family Services**
  102 Ave J
  Lubbock, Texas
  Phone: (806) 765-8475; Contact: Sam Orton

- **Charles W. Keller, PhD.**
  5215 79th
  Lubbock, Texas 79424
  Phone: (806) 792-4713; Contact: Carol Mathis
  Notes: Provides psychotherapy, and marriage and family counseling.

- **Cheryl Anderson, M.Ed., LPC**
  Gabrielle Keenum, M.A., LPC
  8315 Indiana
  Lubbock, Texas
  Phone: (806) 794-1504
  Notes: Provides Christian based counseling including: individual, marital, premartial, depression, anxiety, abuse, divorce, child/teen, and parenting.

- **Community Recovery Center**
  P.O. Box 622
  Post, Texas 79356
  Phone: (806) 495-3173; Contact: Johanna Waterhouse
  Notes: Provides counseling services

- **Consumer Credit Counseling Service**
  3223 South Loop 289
  Lubbock, Texas 79423
  Phone: (888) 823-2227
  www.moneymangement.org
  Notes: Non-profit agency offering free credit counseling, personalized budgets and action plans, financial education, debt management, bankruptcy counseling, housing counseling, and telephone and online counseling 24/7.

- **Contact Lubbock**
  24-hour crisis line: (806) 765-8393/(806) 765-8393
  Teenline: (877) 968-8454
  Notes: Offers trained volunteers to answer crisis intervention line at listening center. Telephone conversation ONLY. All calls are CONFIDENTIAL. Offers a Spanish Line for the Hispanic community.

- **Covenant Counseling Center**
  1302 Broadway
  Lubbock, Texas 79401
  Phone: (806) 725-5433; Contact: Jim Schneider
  Notes: Individual, couples, and family counseling services offered to people of all ages in a safe and encouraging environment. Contact the counseling center for fees.

- **David C. Ivey, PhD.**
  5502 58th Street, Suite 600
  Lubbock, Texas 79414
  Phone: (806) 797-3020; Contact: Answering Service
  Notes: Provides psychology and marriage and family therapy.

- **David Rosenthal, PsyD LPC**
  8302 Indiana, Suite 11
  Lubbock, Texas 79423
  Phone: (806) 799-3188
  Notes: Provides traumatic stress counseling, crisis and depression utilizing Christian viewpoint unless otherwise requested.

- **Family Counseling Services**
  22 Briercroft Office Park, Suite 10
  Lubbock, Texas 79412
  Phone: (806) 747-3488; Contact: Bryan Moffit
  Notes: Provides individual, family, group and couples counseling to Lees family and surrounding areas. We offer counseling on a sliding fee scale according to income. We accept most insurance.

- **Gateways Counseling**
  2232 Indiana, Suite 1
  Lubbock, Texas 79410
  Phone: (806) 793-6160; Contact: Tim Tippit
  Notes: Offers psychotherapy for issues including: depression, trauma, sex offender “victim and offender”, marriage and family, group, gay and lesbian issues, and stress.

- **Gwen Shaw, LCSW**
  3515 22nd
  Lubbock, Texas 79410
  Phone: (806) 799-8830; Contact: Gwen Shaw
  Notes: Provides individual therapy for all ages, play therapy for children, relaxation training, anger management, psychological evaluations, parent training, stress management, coping and problem solving techniques, assertiveness training, and crisis management.

- **J. Scott Robertson, PhD.**
  5215 79th Street
  Lubbock, Texas 79424
  Phone: (806) 792-4713; Contact: Carol Mathis
  Notes: Services include: psychological services, psychological testing, and psychotherapy.

- **Joleta Edinborough**
  3301 101st Street
  Lubbock, Texas 79423
  Phone: (806) 281-9966; Contact: Vinda West
  Notes: Provides marital counseling, individual counseling, play therapy and sand tray therapy.

- **Judy W. Halla, EdD**
  3303 67th Street, Suite 108
  Lubbock, Texas 79413
  Phone: (806) 791-4226; Contact: Tammy Vickers
  Notes: Provides psychotherapy and counseling.

- **Lubbock Rape Crisis Center**
  PO Box 2000
  Lubbock, Texas 79457
  24-hour crisis line: (806) 763-7273/(806) 763-3232
  Notes: Free hotline for victims of sexual assault and their families in Lubbock and surrounding counties. Offers crisis intervention and long-term counseling.
Eligible, the program also offers children management, problem solving evaluations, parent training, stress management, and assertiveness training, and cognitive rehab therapy.

New Hope Christian Counseling
3311 81st Street, Suite F
Lubbock, Texas 79423
Phone: (806) 794-8555; Contact: Duncan Burkhilder
Notes: Offers a variety of counseling among the three different Christian counselors. Each specializes in one area but do counsel on a variety of issues. Counseling done in the following areas: marriage and family, depression, anxiety, eating disorders, play therapy, affective disorders, adolescent therapy, personality disorders and traits, education psychology, child life, and adolescent counseling.

Parkridge
5203 79th Street, Suite B
Lubbock, Texas 79424
Phone: (806) 794-1240; Contact: Administrative Assistant
Notes: Provides individual therapy for all ages, play therapy for children, relaxation training, anger management, psychological evaluations, parent training, stress management, coping and problem solving techniques, assertiveness training, and crisis management.

Sharon Hensley, LPC
3502 77th
Lubbock, Texas 79423
Phone: (806) 789-9152; Contact: Sharon Hensley
Notes: EAP counseling. Provide individual therapy 24/7 on topics including substance abuse, physical abuse, mental health, and psychiatric assessment.

Sheila Garos, Ph.D
MS 2051 Texas Tech
Lubbock, Texas 79409
Phone: (806) 535-7050; Contact: Sheila Garos
Notes: Psychotherapy with a specialty in sex and marital therapy and addiction.

Shirley Willis, Ph.D.
3301 101st Street
Lubbock, Texas 79423
Phone: (806) 794-1240; Contact: Administrative Assistant
Notes: Provides individual therapy for all ages, play therapy for children, relaxation training, anger management, psychological evaluations, parent training, stress management, coping and problem solving techniques, assertiveness training, and crisis management.

South Plains Rural Health Services Behavioral Health Program
1000 FM 3000
Levelland, Texas 79336
Phone: (806) 894-7842; Contact: Yvonne Barth, LBSW
Notes: This program offers a behavioral specialist, who provides counseling for the following: depression, anxiety, anger management, parenting skills training, behavior problems with children, sexual dysfunction, self mutilation, substance abuse, domestic violence, eating disorders, trauma, and grief. For those eligible, the program also offers medical services with two full-time family practitioners, a pediatrician, OB-GYN, family planning, a dental clinic, pharmacy, laboratory clinic and drug screening. Will accept insurance, Medicare, Medicaid and offer sliding scale fees if eligible. Lab services only offered for those with no insurance.

Texas Tech University Psychology Clinic
PO Box 42051
Lubbock, Texas 79409
Phone: (806) 742-2373; Contact: Sandra Olive
Notes: Clinic offers a broad range of outpatient, mental health services. Clinic offers therapy for children, adolescents, and adults. Helps clients with a wide range of difficulties including anxiety and depression.

The Parenting Cottage: Texas Families Together and Safe
3318 50th Street
Lubbock, Texas 79413
Phone: (806) 795-7552; Contact: Denise Thetford
Notes: At the request of parents, our parenting coaches offer home visits to families in Lubbock and Crosby counties utilizing Parents As Teachers Born to Learn curricula, parent-child groups, dad’s groups, family support systems, guidance, safety seat dispensal and education, family mentoring, and resources to ensure a loving, caring, healthy and nurturing home for their children’s future.

South Plains College, Levelland campus
1401 S. College Avenue Counseling Center
Lubbock, Texas 79424
Phone: (806) 894-9611; Contact: Beth Belew at ext. 2366 or Yolanda Perez at ext. 2368
Notes: Free professional counseling for South Plains College students.

Twila Pickrell, LCSW
4412 74th St, Suite C101B
Lubbock, Texas 79424
Phone: (806) 698-8720; Contact: Twila Pickrell
Notes: Provides counseling in mental health, mood disorders, depression, women’s trauma only, sexual abuse, and anxiety.

Vet Center
3208 34th Street
Lubbock, Texas 79410
Phone: (806) 792-9782; Contact: Margaret Alvarado
Notes: The Vet Center offers individual and group readjustment counseling, marital/family counseling, and alcohol/drug abuse counseling. A support group for spouses/significant others is available. Provides benefits assistance and referrals. Works in conjunction with Texas Workforce Center for job referrals and employment opportunities. Acts as a liaison with VA facilities.

Vivian Jeffries, LPC
3305 81st Street, Suite 4
Lubbock, Texas 79424
Phone: (806) 784-0909; Contact: Vivian Jeffries
Notes: Counseling services including substance abuse disorders for adolescents and adults, dual diagnosis, depression, anxiety, bipolar disorder, adjustment disorders, behavioral or conduct disorders, abuse problems, or family problems. Substance abuse interventions and family support. Provide evaluations and assessments, as well as provide individual, family or group counseling.

West Texas Counseling Services
3417 73rd
Lubbock, Texas 79423
Phone: (806) 798-8485; Contact: Kimberly Copeland
Notes: Provide counseling for all ages, and have extended hours.

Women’s Protective Services
PO Box 54089
Lubbock, Texas 79543
Phone: (806) 748-5292; Contact: Hotline Representative
Notes: Offers free service to victims of abusive situations. Call hotline representative to set up an appointment for legal advocacy, assisting with domestic violence situations.