# Course Syllabus RNSG

COURSE: RNSG 2213 SEMESTER: Fall 2025 CLASS DAYS: Tuesdays CLASS TIMES: 1300-1600

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"South Plains College improves each student's life."

## GENERAL COURSE INFORMATION

\*It is the responsibility of each student to be familiar with the content and requirements listed in the course syllabus. \*

## **COURSE DESCRIPTION**

RNSG 2213 integrates the principles and concepts of mental health, psychopathology, and treatment modalities as they relate to providing nursing care to patients and their families suffering from mental illnesses. The course is designed to provide the learner with the basic knowledge and skills necessary to function within the four roles of nursing, in compliance with the <u>January 2021 Texas BON Differentiated Essential Competencies</u> include: Member of the profession; Provider of patient-centered care; Patient safety advocate; and Member of the health care team. Refer to student handbook for a complete list for the DECS. This course also follows the <u>NCSBN</u> test plan

At the end of the course, the student will demonstrate proficiency in the following areas as they relate to providing care for patients and families that are experiencing mental health problems. The student will be able to explain the roles of the professional nurse in caring for patients and families experiencing mental health problems. Additionally, the student will have an applicable foundation for therapeutic communication as demonstrated by submitting a self-critiqued therapeutic conversation that they have had which follows a specified format with faculty feedback. Students who successfully pass course requirements will meet the following student learning outcomes:

Blackboard will be utilized predominantly for content and communication. The student is expected to check the Blackboard course frequently to check for new messages, access content, get assignment postings, take exams, and view changes to the calendar, schedule or content should this become necessary.

If you are having difficulty accessing or using any components of Blackboard please use the following contact information. If you need Instructional Technology support, please make sure you contact the South Plains College Help Desk. For an email address that reaches everyone in the Instructional Technology department, please use blackboard@southplainscollege.edu.

#### STUDENT LEARNING OUTCOMES

At the completion of the semester students will:

CLINICAL DECISION MAKING – Provides competent nursing interventions based on application of the nursing process and demonstration of critical thinking, independent judgment, and self-direction while caring for mental health patients and their families.

COMMUNICATION AND INFORMATION MANAGEMENT – Communicates effectively utilizing technology, written documentation and verbal expression with members of the health care team, mental health patients and their families.

LEADERSHIP –Demonstrates knowledge of basic delegation, mental health client management skills and coordinates resources to assure optimal levels of health care for mental health patients and their families.

SAFETY – Implements appropriate interventions to promote a quality and safe environment for mental health patients and their families.

PROFESSIONALISM – Demonstrates knowledge of professional development and incorporates evidenced based practice in the mental health nursing profession. Incorporates concepts of caring, including moral, ethical, legal standards while embracing the spiritual, cultural, and religious influences on mental health patients and their families.

#### **EVALUATION METHODS**

Successful completion of this course will result in a grade of "A, B, or C," using the average from assignments; satisfactory achievement of course content, and regular classroom attendance. Upon successful completion of this course, each student will have demonstrated accomplishment of the student learning outcomes for the course, through a variety of modes (classroom participation, quizzes, individual presentations, and group presentations).

# **ACADEMIC INTEGRITY**

Please refer to the SPC ADNP Nursing student handbook "Honesty Policy". This policy covers testing violations, record falsification violations and plagiarism violations for the ADN Program. Plagiarism violations may result in dismissal from the ADN Program.

## Cheating -

Dishonesty of any kind on examinations or on written assignments, illegal possession of examinations, the use of unauthorized notes during an examination, obtaining information during an examination from the textbook or from the examination paper of another student, assisting others to cheat, alteration of grade records, illegal entry or unauthorized presence in the office are examples of cheating. Complete honesty is required of the student in presenting all coursework phases. This applies to quizzes of whatever length, final examinations, daily reports and term papers.

## Plagiarism -

Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines, and other reference works, or from themes, reports or other writings of a fellow student, is guilty of plagiarism.

## **BLACKBOARD**

Blackboard is an e-Education platform designed to enable educational innovations everywhere by connecting people and technology. This educational tool will be used in this course throughout the semester.

#### SPECIFIC COURSE INFORMATION

#### TEXT AND MATERIALS

ATI - Access

ATI - Mental Health 11.0 book

ATI - Pharmacology Book

Ford, Susan M. (2021) *Introductory Clinical Pharmacology* eBook and study guide (12<sup>th</sup> Ed.) Wolters Kluwer.

#### **COURSE DISCLAIMER**

Working within the healthcare field can be stressful and requires a mentally tough individual to provide medical care in the hospital environment. To better prepare students for a career in the healthcare profession, there will be times during this course where students will be exposed to training scenarios and situations that will be unpleasant to the average college student. If the student does not feel they can tolerate this type of learning environment, they should discuss this with me immediately before continuing the course. Additionally, enrollment in this course does not guarantee a passing grade, successful completion of the nursing curriculum, or NCLEX- RN examination.

## **COURSE ATTENDANCE**

Faculty does not repeat lectures nor record lectures for students who miss a class; students who are absent should obtain missed information from a fellow classmate. Additionally, one way a student demonstrates the nursing caring attitude is through timeliness and attendance.

## **CLASSROOM ATTENDANCE:**

Learning is fostered in the classroom environment. Missing even one lecture/class activity can negatively impact student performance; therefore, classroom attendance is mandatory, and students are accountable to attend and be on time for class.

Allowable absences in this class will be one (1) absence. Students should take an absence when they are truly ill (running fever, nausea/vomiting not due to pregnancy, diarrhea, or some other communicable disease). A physician's release should be submitted when the student is treated by a physician.

More than one absence will be evaluated on a case-by-case basis at the discretion of the instructor for continuance in the course.

Occurrence	Consequence
Absences	Each course instructor will determine their absences based on their course hours. It is the student's responsibility any missed class content and in class assignments (quizzes) will not be made up.
Tardies	The class starts at the designated time, if the student enters the room after the classroom doors are closed, they are considered tardy. Two tardies are considered one absence. Each course instructor will determine their absence

	policy based on their course hours. It is the student's responsibility if any missed class content and in class assignments (quizzes) will not be made up. If the instructor has been properly notified prior to class, exceptions may be made on a case-by-case basis of emergency and/or school sponsored event.
Exams	Once doors are closed and instructions are started in the designated testing environment (computer lab or classroom) the student presenting late to the test will not be allowed to take the test and will receive a zero. If the instructor has been properly notified prior to exams exceptions may be made on a case-by-case basis of emergency and/or school sponsored event.

## ATTENDANCE POLICY ABSENCES CONSIDERATIONS

Students should take an absence when they are truly ill (running fever, nausea/vomiting not due to pregnancy, diarrhea, or some other communicable disease). A physician's release should be submitted when the student is treated by a physician.

As a matter of courtesy and professional behavior, a student who is going to be absent should email or call the course instructor and inform the instructor of the pending absence.

**ATTENDANCE RECORDS:** Because the student is an adult learner, each student should keep his/her own record of absence. Faculty is under NO obligation to inform a student of absences; the student will be notified when he/she no longer meets program objectives because of excessive absences and the student is being withdrawn. Should the student believe a discrepancy exists, the student should submit the notice in writing to the Program Director within 24 hours of notification.

#### **TARDIES**

See above.

#### ASSIGNMENT POLICY

- 1. All required work must be in on time. Assigned outside work is due on the dates specified by the instructors. Assignments turned in later than the due date will not be accepted unless the student clears the circumstance with the instructor. A grade of 80% will be given for the assignment if it is turned in one day late by 2359 the day following the due date. A grade of zero will be given for the assignment if the student has not turned in the assignment past one day after the due date.
- 2. A student should retain a copy of all assignments turned in. If an assignment turns up missing, the student is responsible for turning in the copy or redoing the entire assignment if a copy was not retained.
- 3. To successfully complete the course ALL assignments must be turned in. If an assignment is late and receives a zero for the grade it still must be submitted by 72 hours after due date or the student may fail the course due to not meeting objectives.

PRE/POST-LECTURE IN CLASS, ATI QUIZZES AND/OR ASSIGNMENTS

The student must complete class assignments, ATI Assignments, and/or quizzes to complement course material. Reading and comprehending the material will be crucial to your success in this course. Please see course calendar for due dates. These assignments may include in class or ATI pre-lecture/post lecture assignments. You cannot have any missing assignments and successfully complete the course.

## **DISCUSSION BOARD FORUMS:**

The student must complete Discussion Board Assignments as directed by instructor. See Late Assignment Policy. You cannot have any missing discussion boards and successfully complete the course.

1. **EXAMS**: Student exams will be administered via computer to prepare them for the NCLEX exam. Exams will be administered in the Allied Health Building or the Testing Center Computer Lab. Additionally, many exam questions will be constructed in the same manner as NCLEX questions, allowing students to prepare for that testing format.

If a student fails two or more exams (less than 77%) they will be required to meet with the SPC ADN Student Retention specialist to review study habits, testing strategies, and options for class success.

- 1. **TESTING LENGTH:** Each preliminary exam includes 35-75 questions. Any midterm or final exams will have 100-150 questions each. Students will receive 2 minutes per question to take each exam, so the number of questions x 2 minutes will be the length of time for each test. You must complete all exams within the time limit.
- 2. **TESTING START TIME:** Students should arrive on time for testing. Students arriving after the testing instructions have begun and the door to the testing environment is closed, are considered "late." <u>These students will not be allowed to take the exam and will receive a zero for the missed exam.</u>

Exceptions may be made on a case-by-case basis due to emergencies and school sponsored activities for students who notify the testing instructor <u>prior to the start of the exam</u>.

- 2. MAKE-UP EXAMS Because of the fast pace of the program and the weekly testing that is required, there will be <u>no make-up exams</u>, except in cases of <u>COVID</u>. Should a student miss an exam, the final exam grade will replace up to one missed prelim exam. Any subsequent missed exams will receive a grade of "0."
- 3. **FINAL EXAM:** The Final Exam will be comprehensive over all the content taught during the semester.
- 4. **REMEDIATION/TUTORING:** Remediation/tutoring will be done outside class time as scheduled. **Tutoring/Remediation will be required for all students scoring 80% or less on an exam**, however, this is available to all students. See Blackboard for rules for remediation. No points will be awarded for completion of remediation. If the required remediation, or the declination page are not uploaded to blackboard prior to the next preliminary exam, the student will not be permitted to take the next exam and will receive a grade of zero for that exam.

## 5. OTHER TESTING INFORMATION:

- A. NO CURVES will be given on the tests/exams.
- B. No extra credit will be given on the tests/exams.
- C. After test analysis no more than 10% of the test questions will be adjusted to give full credit.

## 6. STANDARDIZED BENCHMARK EXAMS

In addition to the course unit exams, students will be required to take ATI Content Mastery Exams. The purpose of these exams is to evaluate the competency of the student's knowledge of critical concepts for entry into professional nursing. These exams give the student analytics which compare them on a national level to their

peers. The ATI Content Mastery Exams will be scheduled by your instructor and may be scheduled outside of your regular course time. Students will receive a grade according to their level of performance.

- A. RNSG 2213 students will take the ATI Mental Health Content Mastery Exam around mid-term and again towards the end of the semester.
- B. ATI grades, levels of proficiency, and classroom grade awarded for the ATI Fundamentals exam, are as follows:

Grade on	Level	Grade in
Exam		class
Below 50.0%	Below Level 1	67
50.0% to	Level 1	77
64.9%		
65.0% to	Level 2	87
81.6%		
81.7% to	Level 3	97
100.0%		

## C. Benchmark Remediation

After the midterm exam students are required to complete remediation on ALL areas indicated by their Individual Performance Plan in ATI <u>prior to the due date in blackboard</u>. You will upload your ATI IPP and the remediation work done. You will find examples and instructions on Blackboard. <u>Students who do not complete the assigned remediation will not be permitted to take the final ATI content Mastery exam and will receive a grade of zero for that exam.</u>

#### **GRADING POLICY**

The grade for this course will be determined upon completion of the following components:

A student must receive a minimum grade of "C" to pass.

Grading scales:

A = 90 - 100

B = 80 - 89.99

C = 77 - 79.99

D = 60 - 76.99

F = below 60

# The student's course grade will include:

Unit/Prelim Exams	55%
ATI Proctored MT Benchmark	2.5%
ATI Proctored Final Benchmark	2.5%
Assignments	10%
Quizzes	5%
Final Exam	25%

# Grades must total 77% or better to pass the course.

- 1. Grades will be given to students during allotted class time.
- 2. Each student should know current course averages for all classes.
- 3. Students must earn a "C" (77) or better in this class for progression; there is no rounding of grades.
- 4. Students can review all grades as they are recorded. Should the student have any questions about a specific grade or specific test question, the student must discuss this with the instructor within 48 hours of notification of

grade assignment. Once the 48 hours have passed without the student questioning the grade or question, the assigned grade is final and may not be challenged at the end of the course. The final exam may not be reviewed.

- 5. The Benchmark grade and a numerical course grade will be posted on the Blackboard. The final course grade will be posted to Campus Connect as the transcript letter grade.
- 6. Once grades are posted, an exam is ready for review. When possible, exams will be made available for all students to review at the end of a lecture (time permitting) but if that is not possible, a student may email me for an appointment to come by the office and review the exam.

## **COURSE OBJECTIVES -**

Upon completion of this course, based on defined unit and clinical objectives, the student will be able to demonstrate verbally, in writing and in clinical practice, the theoretical base necessary to:

- 1. Discuss mental health, mental illness, and mental health disorders and explain the continuum of care for clients experiencing mental health issues. Describe the nursing process using clinical judgment, identification of relevant information and tools for assessing and analyzing information, and prioritization of client care based on analysis of clinical presentation, client needs, and concerns. Identification of evidence-based nursing interventions to address client needs and the clinical situation, implementation of appropriate interventions based on client mental health needs in collaboration with the interprofessional team, and evaluation of the client's response to nursing interventions and reach a nursing judgment regarding the extent to which the planned outcomes have been met.
- 2. Compare and contrast social, occupational, and therapeutic role functions in relation to mental health nursing practice. Identify how evidence-based practice is integrated into mental health nursing and client care. Discuss the key elements of each foundational theory for psychiatric mental health care.
- 3. Explain milieu therapy, management principles, and practices in creating a safe, secure environment. Identify ethical and bioethical principles relevant to nursing care for clients experiencing mental health concerns or illnesses. Examine the laws and legal implications for clients receiving mental health care or treatment. Explain the functioning of a synapse and the purpose of monoamine neurotransmitters. Describe key differences between the various neurobiological causes of mental illness. Differentiate psychotherapeutic medications according to what disorders they are primarily used to treat. Describe the physiological stress response according to the general adaptation syndrome (GAS) and fight-or-flight models. Differentiate the causes and effects of acute, chronic, and toxic stress across the lifespan.
- 4. Describe the impact of neurocognitive disorders on a client's overall health. Describe the impact neurodevelopmental disorders have on a client's overall health. Apply the nursing process through use of clinical judgment functions while providing care to clients experiencing neurocognitive and neurodevelopmental disorders.
- 5. Describe the effect abuse, aggression, and violence have on a client's condition. Describe the impact of trauma, crisis, and disaster on a client's overall health. Apply the nursing process using the clinical judgment functions while providing care to clients experiencing abuse, aggression, violence, trauma, crisis, or trauma.
- 6. Describe the impact of substance-related and addiction disorders on a client's overall health. Describe the impact of eating disorders on a client's overall health. Apply the nursing process using clinical judgment functions while providing care to clients experiencing substance-related, addiction disorders, and eating disorders.
- 7. Describe the impact of anxiety and obsessive-compulsive and related disorders on a client's overall

- health. Describe the impact of mood disorders on a client's overall health. Apply the nursing process using the clinical judgment functions while providing care to clients experiencing anxiety, obsessive-compulsive related disorders, and experiencing mood disorders.
- 8. Describe the impact of disruptive behavioral disorders on a client's overall health. Describe the impact of personality disorders on a client's overall health. Apply the nursing process using clinical judgment functions while providing care to clients experiencing disruptive behavioral disorders and clients experiencing personality disorders.
- 9. Integrate therapeutic use of self, including therapeutic relationships, therapeutic communication, and interpersonal processes with diverse individuals, families, communities and those with Schizophrenia. Describe the continuum of care for clients experiencing mental health concerns.
- 10. Describe the impact of somatic symptoms and dissociative disorders on a client's overall health. Describe the impact of grief and loss on a client's overall health. Apply the nursing process using the clinical judgment functions while providing care to clients experiencing somatic symptoms, dissociative disorders, and clients experiencing grief and loss.

**COURSE OBJECTIVES -** SCANs (Secretary's Commission on Attaining Necessary Skills) Competencies, foundations, and skills found within this course are (C1-4, C5-8, C9-11, C14, C-15, C-18-20, F1-6, F7-12, & F13-17) SPC ADNP Graduate Outcomes: 1-5. DECs (Differentiated Essential Competencies) as listed in the SPC Student Handbook.

## LETTER OF SUCCESS

Students who have less than an 80% course average may be given a letter of success during certain times of the semester as designated by the instructor to highlight students' needs, areas for improvement and concerns. Students who are unsuccessful on exams and assignments will be at risk of failing the course. The student may also be referred to the retention specialist as per the instructor's discretion.

## **COMMUNICATION POLICY**

Electronic communication between instructor and students in this course will utilize the South Plains College "My SPC" and email systems. The instructor will not initiate communication using private email accounts. Students are encouraged to check SPC email/Blackboard email on a regular basis. Students will also have access to assignments, web-links, handouts, and other vital material which will be delivered via the classroom website. Any student having difficulty accessing the classroom website or their email should immediately contact their instructor for directions. The instructor will work with any student to ensure the student has access to a computer on campus and can obtain the needed class content that is located on the course website.

## **DRESS CODE**

- a. Classroom attire professional scrubs. South Plains College or TNSA T-shirts are allowed with scrub pants.
- b. <u>Full SPC Clinical Uniform</u> is required for recording sessions, demo/skills check offs, Simulation, and any remediation. See ADN Student Handbook for Clinical Uniform.
- c. Students are required to meet all uniform criteria prior to entering the clinical site or building.
- d. Periodic uniform compliance checks will be conducted.
- e. Students are not allowed to have cell phones on their person during exams, skills practice, recording or live skill check off.

## **COMPUTER USAGE**

As computer technology in the field of health occupations continues to become more popular, computers

will be used in this course for several assignments. All students have access to computers and printers on the South Plains College campus. Students will be expected to utilize computers to access assignments and classroom resources. An iPad will be checked out for student use for all Exams. All registered students are supplied with a working email account from South Plains College. In order to take exams, students must have their username and password. ALL STUDENTS ARE EXPECTED TO KNOW THEIR SPC STUDENT USERNAME, PASSWORD, AND SPC STUDENT ID.

# **IPAD**

This iPad is the property of the college and should not have any personal information stored on it. The iPad may be requested to be produced by the student and is subject to review to ensure no personal information is on the iPad and that the iPad is being used as intended. The request may come at any time by any ADN faculty, Nursing director or IT personnel. The student assumes responsibility for loss or damage to issued IPAD.

#### **CELLPHONES**

Cell phones are to be turned <u>OFF or silenced</u> during scheduled class periods. Text messaging is **not** allowed during scheduled class/lab times, this is distracting to your peers and your instructors. **Cell phones are not allowed on your person in clinical settings, skills lab or computer lab**. Cell phones are to be used <u>outside</u> of the classroom/lab only and on designated breaks. You will be asked to leave if you are on your cell phone during class. <u>Students are not allowed to have cell phones on their person during exams or in the clinical setting</u>.

# CIVILITY STUDENT CONDUCT

Rules and regulations relating to the students at South Plains College are made with the view of protecting the best interests of the individual, the general welfare of the entire student body and the educational objectives of the college. As in any segment of society, a college community must be guided by standards that are stringent enough to prevent disorder, yet moderate enough to provide an atmosphere conducive to intellectual and personal development. 10 A high standard of conduct is expected of all students. When a student enrolls at South Plains College, it is assumed that the student accepts the obligations of performance and behavior imposed by the college relevant to its lawful missions, processes and functions. Obedience to the law, respect for properly constituted authority, personal honor, integrity and common sense guide the actions of each member of the college community both in and out of the classroom. Students are subject to federal, state and local laws, as well as South Plains College rules and regulations. A student is not entitled to greater immunities or privileges before the law than those enjoyed by other citizens. Students are subject to such reasonable disciplinary action as the administration of the college may consider appropriate, including suspension and expulsion in appropriate cases for breach of federal, state or local laws, or college rules and regulations. This principle extends to conduct off-campus which is likely to have adverse effects on the college or on the educational process which identifies the offender as an unfit associate for fellow students. Any student who fails to perform according to expected standards may be asked to withdraw. Rules and regulations regarding student conduct appear in the current Student Guide.

NURSING STUDENT CODE OF CONDUCT based on the handbook Purpose South Plains College Nursing Programs expects that all students will conduct themselves responsibly and in a manner that reflects favorably upon themselves, the college as well as the nursing profession. When a student does not act responsibly and violates the college policies, rules, regulations, or standards of conduct, formal disciplinary action may result. The conduct process reflects the nursing department's desire that students maintain high standards and present themselves as professionals.

**RATIONALE** The rationale for this Nursing Student Code of Conduct is to provide nursing students and nursing faculty with a centralized and unifying policy of conduct that will foster professional accountability and patient safety. (Specifics for each area below can be found in the student handbook)

- STUDENT CIVILITY CIVILITY AND INCIVILITY DEFINED
- CLASSROOM CONDUCT
- COMMUNICATION
- COMMUNICATION VIA EMAIL GUIDELINES
- SOCIAL MEDIA GUIDELINES AND POLICIES SPECIAL REQUIREMENTS (\*Read Carefully)
- Students must present the signature page acknowledging that the student has read and understands the content of syllabus, program and clinical handbook, grievance policy, and appeals process.

# **COURSE SPECIAL REQUIREMENTS** (\*Read Carefully)

Students must complete quizzes in Blackboard acknowledging that the student has read and understands the content of syllabus, ADN Student handbook, attendance, grievance policy, and appeals process.

## **COURSE DISCLAIMER**

Working within the healthcare field can be stressful and requires a mentally tough individual to provide medical care in the hospital environment. In order to better prepare students for a career in the healthcare profession, there will be times during this course where students will be exposed to training scenarios and situations that will be unpleasant to the average college student. If the student does not feel they can tolerate this type of learning environment, they should discuss this with me immediately before continuing the course. Additionally, enrollment in this course does not guarantee a passing grade, successful completion of the nursing curriculum, or NCLEX- RN examination.

# **GRIEVANCE POLICY**

The student is responsible for scheduling an appointment with the instructor/course leader to discuss the final grade or discipline action. If the student is not satisfied, he/she should schedule an appointment with the Semester 4 Course Leader. The next chain of command is to make an appointment with the Director of the Associate Degree Nursing Program, following that would be the Health Sciences Dean. The procedure will follow the same as found in the student handbook.

## **EMERGENCY MESSAGES**

The student should notify his/her family that in case of an emergency during normal class schedule, they should call the Nursing Office at (806)716-2391 or (806)716-2193. Class will not be interrupted unless it is an emergency, so they must identify themselves and say it is an emergency to get immediate action. The student should notify his/her family that in the case of an emergency during clinical rotations, they should call and leave a message or text (who they are and who they need to get in touch with for an emergency) to the number or numbers provided to them in the clinical course syllabus and/or on the clinical course schedule.

## **ACCOMMODATIONS**

For college policy statements related to Intellectual Exchange Statements, Disabilities Statements, Non-Discrimination Statements, Title IX Pregnancy Accommodations Statements, CARE, Campus Concealed Carry Statements, COVID-19, and Artificial Intelligence Statement. visit:

https://www.southplainscollege.edu/syllabusstatements/

#### **COURSE SCHEDULE**

Date	Topic-ATI Chapters	Projects, DB, Quizzes, Tests, and Exams
Week 1 August 26, 2025	Orientation, Foundational Concepts of Mental Health Nursing, and Nursing Process	Round Table Fears, Thoughts, Experience with Mental Health
Week 2 September 2, 2025	Evidence Based Practice in Mental Health, Building Therapeutic Relationships, and Mental Health Theories and Therapies	Practice Therapeutic     Communication
Week 3 September 9, 2025	Client and Mental Health Team Member Safety – Legal and Ethical Considerations, Psychopharmacology, and Physiological and Psychological Response to Stress	<ul><li> Quiz</li><li> Medication Analysis</li></ul>
Week 4 September 16, 2025	Test 1	• Test 1
Week 5 September 23, 2025	Neurocognitive Disorders and Neurodevelopmental Disorders (NDD)	Pick a Disorder to Describe
Week 6 September 30, 2025	Abuse, Aggression, Violence, Trauma, Crisis, Disaster, and Related Disorders	<ul> <li>Explore Local Resources for Victims</li> <li>Educational Support Flyer</li> </ul>
Week 7 October 7, 2025	Substance-Related, Addiction Disorders and Eating Disorders	• Quiz
Week 8 October 14, 2025	Midterm benchmark	Midterm benchmark
Week 9 October 21, 2025	Test 2	• Test 2
Week 10 October 28, 2025	Anxiety, Obsessive-Compulsive, Related Disorders, Mood Disorders and Suicide	<ul><li>Grounding exercises</li><li>Mental Health Management BINGO</li></ul>
Week 11 November 4, 2025	Disruptive Behavioral Disorders and Personality Disorders	Disorder Discovery
Week 12 November 11, 2025	Schizophrenia Spectrum Disorders, Psychosis, and Continuum of Treatment	• Quiz
Week 13 November 18, 2025	Test 3	• Test 3
Week 14 November 25, 2025	Grief, Loss, Somatic Symptoms and Dissociative Disorders	Grief Activity
Week 15 December 2, 2025	Final Benchmark	Final Benchmark
Week 16 December 9, 2025	Final Exam	• Final Exam